

**SGK GOVERNMENT DEGREE COLLEGE
VINUKONDA, PALNADU DISTRICT**



**HEMOGLOBIN TESTING CAMP FOR GIRL STUDENTS
TIME: 11AM – 12PM**

**CONDUCTED BY
DEPARTMENT OF ZOOLOGY & RED RIBBON CLUB**

Activity Report

S. No.	Content	Name
1	Name of the Programme	Awareness Programme on First Aid and CPR
2	Date & Time	11-09-2024, 11AM – 12:00PM
3	Conducted by	<i>Department of zoology & Red Ribbon Club</i>
4	No. of Students attended	150
5	Chief Guest	DR K.Srinivasa Rao, Principal
6	Convenor	1.Sri B.R.K.Kishore, Lect in Zoology

Activity Details:

On 11th September 2024, the Department of Zoology, in collaboration with the College Health Centre at SGK Govt Degree College, Vinukonda, organized a hemoglobin testing camp for girl students. The initiative was conducted with the support of the health department staff from the Community Health Centre, Vinukonda, aiming to monitor and promote the health and well-being of female students through early detection of anemia.

Event Highlights:

- **Testing Process:**
The health department staff from the Community Health Centre, Vinukonda, carried out hemoglobin tests on 195 girl students. The process was conducted efficiently, following all necessary safety and hygiene protocols to ensure the well-being of the participants. The testing procedure included the use of portable hemoglobin analyzers, providing immediate results for each student
- **Findings:**
Out of the 195 students tested, 25 were identified as anemic. These students were provided with immediate counseling and educational materials on the importance of nutrition, iron-rich diets, and the need for medical follow-up. The college health center staff and medical professionals emphasized the need for early intervention to manage and treat anemia effectively
- **Educational and Awareness Session:**
In addition to the testing, an awareness session was conducted to educate the students about the causes, symptoms, and prevention of anemia. The health professionals discussed the importance of a balanced diet, focusing on foods rich in iron, folic acid, and vitamin C. They also highlighted lifestyle tips for improving overall health and preventing anemia among young women

Impact and Outcomes:

The hemoglobin testing camp was a significant step toward promoting health awareness and preventive care among the female student community. By identifying 25 cases of anemia, the college was able to provide timely intervention and guidance, encouraging these students to seek appropriate medical treatment and dietary adjustments

The event also served as an educational platform, equipping students with the knowledge and awareness needed to maintain their health and well-being. The collaborative efforts between the Department of Zoology, the College Health Centre, and the Community Health Centre staff ensured the camp's success, demonstrating the college's commitment to fostering a healthy campus environment

Conclusion:

The hemoglobin testing camp was a valuable initiative that not only provided essential health services but also raised awareness about anemia and its prevention among students. SGK Govt Degree College, Vinukonda, plans to conduct follow-up programs and similar health camps in the future to ensure continuous monitoring and support for the well-being of its students



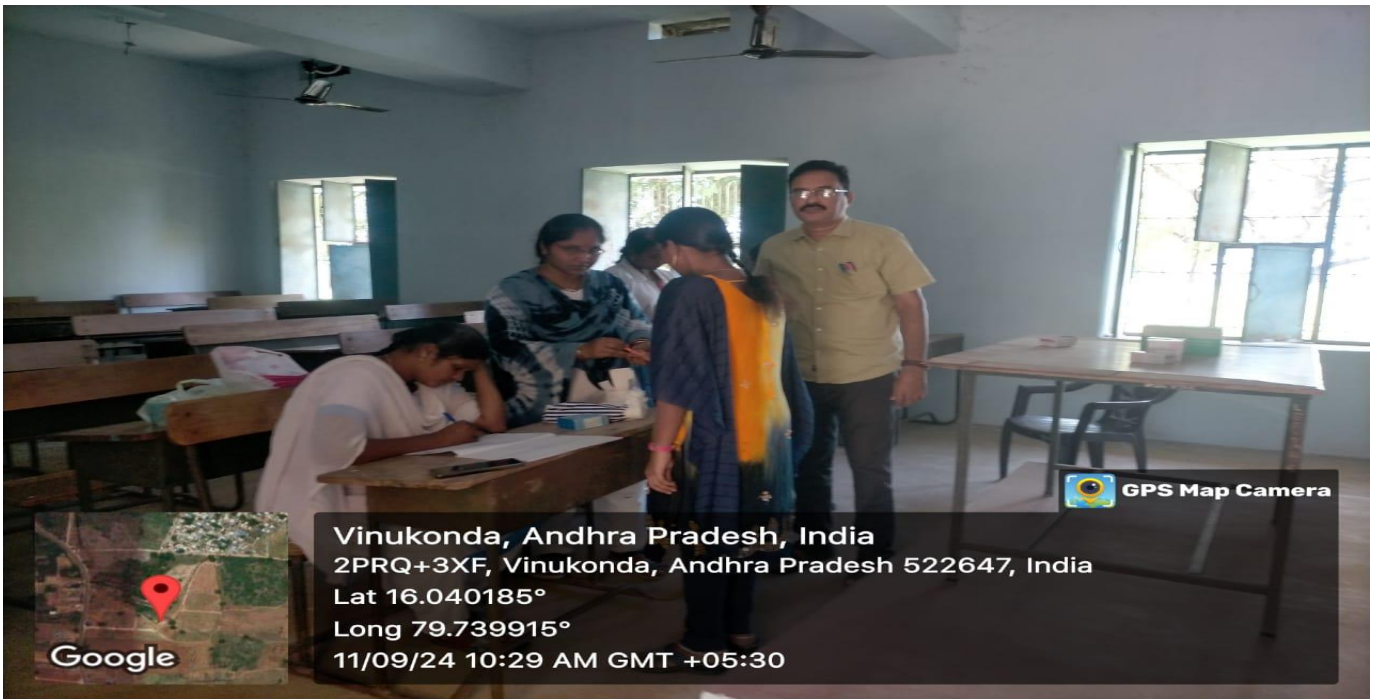
Hemoglobin tsting camp image 1



Hemoglobin Testing camp Image 2



Hemoglobin testing camp Image 3



Hemoglobin Testing camp image 4