

Activity Report

S. No.	Content	Details
1	Name of the Programme	Health and Hygiene
2	Date & Time	17.11.2022
3	Conducted by	Dept .of. Zoology
4	No. of Students attended	37
5	Chairperson	Dr. K. Srinivasa Rao, Principal
6	Chief Guest	Dr. K. Srinivasa Rao, Principal
7	Program Convener	Sri. Ram Kishore Behara

Health and Hygiene

Health refers to a person's physical, emotional and psychological well being. Hygiene refers to good practices that prevent diseases and lead to good health, especially cleanliness, proper disposal of waste water and drinking water supply. Better hygiene leads to better health, confidence and overall growth. Good hygiene is critical for preventing the spread of infectious diseases and helps everyone lead long healthy lives. Life is a big fight and health is the best weapon to succeed in the battle of life. A healthy man can enjoy life in every way.

PHOTOGRAPHS

