

### **Observation of World Yoga Day**

S. No.	Content	Name
1	Name of the Program	World Yoga Day
2	Date & Time	21.06.2017 & 10.00 AM - 12.30 PM
3	Conducted by	All Departments
4	No. of Students attended	50
5	Chief Guest	Principal and Staff
6	Convener	Sri. M. V. Satyanarayana, Lecturer in Hindi

#### Aims & Objectives:

- 1. Students develop health awareness
- 2. They recognize the importance of Indian traditional medicine

3. They share the knowledge of yoga to their family members and neighbors

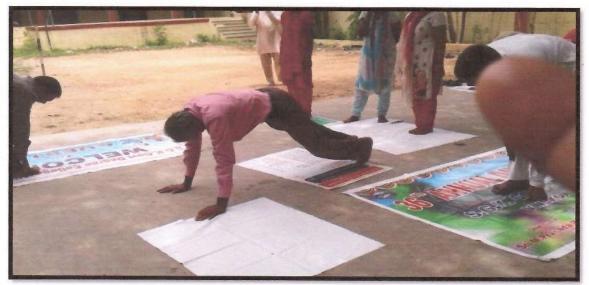
In tune to the call given by the honorable PM of our nation and expressing pride to our country on the international stage, we, the members of the SGK GDC, Vinukonda observed world Yoga day on 21<sup>st</sup> June. The information of the event conduction was disseminated to all the staff members and the students on the previous day, accordingly all the partakers were flocked with interest at the predetermined place and time. The event was organized under the chair ship of M. Nirmala Devi, in charge principal and presided over by Mr. M.V.Satyanarayana, our Hindi lecturer. Few staff members were invited to deliver speeches covering the importance of the yoga in our life, followed by gig performance of dyanamudra and yogasanams by Hindi sir and Mr. Narendranath, Chemistry lecturer. The participants were offered yummy confectionaries and the program was concluded with vote-of-thanks proposed by Hindi sir.

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Activity Reports 2017-18	SGK GOVT DEGREE COLLEGE, VINUKC PALNADU DIST - 522 647	TIE	Paradu Dist., A.P.
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# SGK GOVERNMENT DEGREE COLLEGE VINUKONDA GUNTUR DISTRICT







## World Yoga Day

S. No.	Content	Name
1	Name of the Program	World Yoga Day
2	Date & Time	21.06.2018 & 10.00 AM - 12.30 PM
3	Conducted by	All Departments
4	No. of Students attended	50
5	Chief Guest	Principal and Staff
6	Convener	Sri. M. V. Satyanarayana, Lecturer in Hindi

#### Aims & Objectives:

- 1. To promote healthy lifestyle among the youth
- 2. To bring awareness on Yoga and its benefits

3. They share the knowledge of yoga to their family members and neighbors

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In tune to the call given by the honorable PM of our nation and expressing pride to our country on the international stage, we, the members of the SGK GDC, Vinukonda observed world Yoga day on 21st June. The information of the event conduction was disseminated to all the staff members and the students on the previous day; accordingly all the partakers were flocked with interest at the predetermined place and time. The event was organized under the chairmen ship of M. Nirmala Devi, in charge principal and presided over by Mr. M.V.Satyanarayana, our Hindi lecturer. Few staff members were invited to deliver speeches covering the importance of the yoga in our life, followed by gig performance of dyanamudra and yogasanams by Hindi sir. The participants were offered yummy confectionaries and the program was concluded with vote-of-GOVT DEGRE

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thanks proposed by Hindi sir.

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Principal SGK Govt. Degree College Vinukonda - 522647 Painadu Dist., A.P.

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### Faculty and Students in Yogasanas







## SGK GOVERNMENT DEGREE COLLEGE

(AffiliatedtoAcharya NagarjunaUniversity)

## Vinukonda–522647, Palnadu District

### International Yoga Day

Name of the Activity	International yoga Day
Date & Time of the Activity	21-06-2022 10:00 am
Department /Faculty organized	Department of Physical Education
Who Chaired the Meeting	Vice - Principal, Sri C.H Hari Babu garu
Guest attended if any	Smt. K.Venkata Naga Lakshmi, Sri K.Jani Basha Heart fullness Gnana yoga kendram, Vinukonda.
Key note speaker	Smt.K.Naga Lakshmi ,Heaart fullness Gnana Yoga Kendram, Vinukonda.
No of Faculty Attended	20
No of Students Attended	180
Brief Description of Activity	International Yoga Day was celebrated in the out door of our college headed by Vice - Principal, Sri CH Hari Babu garu and Key note Speaker by Smt. K. Venkata NagaLakshmi and Sri K.Jani Basha of the programme. The Vice-Principal started the programme with his opening remarks with a brief introduction of Inter National yoga day concept., Dr.A.Krishnaveni, Physical Director elaborately explained the importance of Inter National Yoga Day. All The Teaching Faculty from various Departments expressed their views on the event. 180 students from this college attended the programme and understand the International Yoga Day Concept.

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